



**MET'S Institute of Pharmacy  
Bhujbal Knowledge City  
Training & Placement Dept  
Guest Lecture on  
Grooming & Body language**

**Details of the Expert**

**Name and address of Expert:**

Mrs. Sanjana Tikekar,  
Trainer, Nashik  
Maharashtra

**Day and Date:** Saturday, 12/10/2019

**Location:** IOP seminar Hall

**Audience attended the lecture:**

Third Year B.Pharm (69 students),

First Year M.Pharm (27 students), Staff

**Highlights of the Lecture:**

A Training session on **Grooming & Body language** organized by Training & Placement Department of MET's Institute of Pharmacy, Bhujbal Knowledge City, Adgaon, Nashik. Total 96 students from Third Year B.Pharm and M.Pharm have attended the session. The objective of this session was to develop personality and communication skills of the students with interactive sessions.

Mrs. Sanjana Tikekar has specially focussed on body language with gesture, posture, body movement, facial expression, dress & appearance, eye contact, voice modulation and presentation skills required. She had shown with some practical experiments and activities on how to use body language to score in an interview. Also she suggested tips for the success in the academics. Students asked many queries which were resolved by Tikekar madam.

**Outcome:**

To get survive in this competitive world, institute has made efforts for students to become competent with soft skills along with technical knowledge. In the session, madam nicely explained the same context through examples & trends. Students had taken one step ahead towards development of their skills for their professional career.

Overall it was very effective session for the students and even for staff.



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**Photogallery**



Dr Sanjay J. Kshirsagar

(Principal)